

# Week 1

w/c 20<sup>th</sup> April, 11<sup>th</sup> May, 8<sup>th</sup> June, 29<sup>th</sup> June, 20<sup>th</sup> July, 21<sup>st</sup> September, , 12<sup>th</sup> October,

## MONDAY

Salmon Fishcakes  
with New Potatoes

Macaroni 'Double  
Cheese' with Leeks

Oat Crusted Bloomer

Fresh Broccoli  
Fresh Carrots

Apple and Cinnamon  
Brown Betty with  
Custard

## TUESDAY

Chinese Chicken

Mediterranean Tart  
with Mixed Salad

Poppy Bread

Sweetcorn  
Fresh Courgettes

Chocolate Olive Oil  
Cake with Crème  
Fraiche

## WEDNESDAY

Traditional Roast Beef  
with Crispy Roast  
Potatoes & Gravy

Quorn and  
Vegetable Paella

Wholemeal Loaf

Seasonal Cabbage  
Fresh Carrots

Chocolate Brownie  
with Yoghurt

## THURSDAY

Makhani Chicken Curry  
with Basmati Rice

Reggae Reggae Sweet  
Potato Curry with  
Basmati Rice

Naan Bread

, Cucumber and  
Tomato Salad  
Raita Dressing  
Roasted Vegetables

Lemon Curd and  
Yoghurt Fool with  
Shortbread

## FRIDAY

Crispy Battered  
Fillet of Fish with Home-  
Made Tartar Sauce &  
Chunky Chips

Cheddar Cheese &  
Leek Cake with Chips

Poppy Bread

Garden or Mushy Peas  
Coleslaw

Seasonal  
Fresh Fruit Salad

Fresh fruit and salad is offered daily.

Reading Girls School serve Halal meat. Fresh fruit and salad is offered daily

This menu is compliant with the school food standards. We encourage pupils to enjoy a healthy balanced diet. Chartwells can cater for many special dietary requirements.

Please speak to the Catering Manager if you have any questions.

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# Week 2

w/c 27<sup>th</sup> April, 18<sup>th</sup> May, 15<sup>th</sup> June, 6<sup>th</sup> July, 7<sup>th</sup> September, 28<sup>th</sup> September, 19<sup>th</sup> October

## MONDAY

Beef Bolognese with  
Wholegrain Pasta

Vegetarian  
Pasta Bake

Floured Loaf

Fresh Carrots  
Fresh Cauliflower

Peach and  
Yoghurt Granola

## TUESDAY

Chicken, Chive and  
Mushroom Pie  
with New Potatoes

Curried Lentil  
Cottage Pie

Crown Loaf

Garden Peas  
Fresh Broccoli

Zesty  
Carrot Cake

## WEDNESDAY

Roast Turkey Breast  
with Sweet Paprika,  
Crispy Roast Potatoes  
and Gravy

Cheese & Potato Pie

Seeded Loaf

Fresh Spring Cabbage  
Fresh Carrots

Apple Cracknell  
with Custard

## THURSDAY

Tex-Mex Beef and Bean  
Burrito with Mexican  
Rice

Sweet Potato Gumbo  
with Cheesy Corn Bread

Wholemeal Loaf

Sweetcorn  
Roasted Vegetables

Eton Mess

## FRIDAY

Lemon & Lime Battered  
Fillet of Fish with  
Chunky Chips

Spicy Bean Burger  
with Chunky Chips

Classic Bloomer

Garden or Mushy Peas  
Mixed Salad

Marmalade Sponge  
Cake with Custard

Fresh fruit and salad is offered daily.

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# Week 3

w/c 4<sup>th</sup> May, 1<sup>st</sup> June, 22<sup>nd</sup> June, 13<sup>th</sup> July, 14<sup>th</sup> September, 5<sup>th</sup> October

## MONDAY

Classic Beef  
Cottage Pie

Potato & Vegetable  
Frittata with Bread  
Wedge

Garlic and Herb Bread

Fresh Carrots  
Sweetcorn

Apple and Blueberry  
Twice Baked Crumble  
with Custard

## TUESDAY

Black Spinach Chicken  
Curry with Basmati Rice

Butternut Balti with  
Basmati Rice

Naan Bread

Garden Peas  
Raita Salad

Lemon Drizzle Cake

## WEDNESDAY

Roast Chicken with  
Stuffing, Roast Potatoes  
& Gravy

Sweet Potato &  
Squash Stew

Crown Loaf

Fresh Swede  
Seasonal Cabbage

Sparkling Fruit Jelly

## THURSDAY

Cajun Spice Chicken  
with Chunky Bean Salsa  
& Cous Cous

Penne Pasta  
Vegetable Bake

Sesame Seed Twist

Fresh Broccoli  
Fresh Carrots

Rich Chocolate Cake  
with Custard

## FRIDAY

Crispy Fiery Battered  
Fillet of Fish with  
Chunky Chips

Vegetarian Chimichanga  
with Chunky Chips

Poppy Bread

Garden or Mushy Peas  
Coleslaw

Seasonal Fruit Salad  
or Strawberries with  
Crème Fraiche

Fresh fruit and salad is offered daily.

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